

CAPTURING TODAY



April 2015						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2015						
S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2015						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Today's Date

The mind is a very powerful tool. Start today BIG! BIG - Begin In GratITUDE

- 1.) _____
- 2.) _____
- 3.) _____

I am feeling: _____

Medical discoveries/interventions/updates: _____

I visited with/talked to: _____

Well wishes received from: _____

Encouraging Scripture: _____

